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## **TO CARE FOR THOSE WHO HAVE BORNE THE BATTLE: Serving Older Veterans**

### **Webinar #3: Serving Older Veterans**

**1.5 CEs**

**Tuesday, June 15th**

**9:00-10:30am CDT**

#### **SPEAKER:**

**Dr. Stanley McCracken, Ph.D., LCSW**

“Most scholarship on aging is based on cohorts...[who] have had significant experience with war. Wartime experiences may therefore be critical but largely hidden variables underlying current scientific knowledge of aging.”\* War affects those who have served in the military, their families, and people living in conflict zones who were affected by war. This workshop will address the lasting impact of military service and the risks of war. Some of the topics to be addressed include exposure to violence and killing, post-traumatic stress disorder (PTSD), late onset stress symptomatology (LOSS), traumatic loss, suicide, and moral injury, a term used to describe a syndrome of shame, self-handicapping, anger, and demoralization that occurs when deeply held beliefs and expectations about moral and ethical conduct are transgressed or violated. This workshop will introduce participants to the differences between past and current warfare, military ethos, and the risks of warfare as well as questions to assess military history and experience.

#### **WEBINAR OBJECTIVES:**

1. Participants will know some of the ways that modern warfare differs from past wars.
2. Participants will know about military ethos, some of the ways in which civilians are transformed into warriors, and difficulties in transition back to civilian life.
3. Participants will know health risk factors prevalent in and/or unique to older veterans.
4. Participants will know the characteristics of moral injury and late onset stress symptomatology (LOSS).
5. Participants will learn how PTSD differs from moral injury, traumatic loss, and LOSS.
6. Participants will be able to conduct an assessment of military service and veteran status.

**Next webinar is September 28<sup>th</sup>, “Spiritual Support for Veterans and Their Families at End of Life” 9:00-10:30am CDT, 1.5 CEs**

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