Mary Mihalyo, PharmD, BCPS  
CEO, Delta Care Rx

Goal Concordant Care and Medication Use at the End of Life

Dr. Mary Mihalyo has revolutionized the provision of quality, effective, competitively priced pharmacotherapy solutions to hospice and palliative care patients. A pioneer in medication therapy management services for hospice providers, Dr. Mihalyo helped to found Delta Care Rx in 2012 to work exclusively with hospice and palliative care providers. Delta Care is an advocate for pharmacist support for hospice clinicians at the bedside while ensuring sustainable relationships between local hospice providers and community-based pharmacies.

Dr. Mihalyo received her Bachelor of Science and Doctor of Pharmacy degrees from the Duquesne University School of Pharmacy. She is a Board Certified Pharmacotherapy Specialist and she completed the Palliative Care Education and Practice (PCEP) course provided by the Harvard Medical School Center for Palliative Care. She is a frequent speaker to national and regional Conferences and publishes in academic journals.

Tuesday, June 22, 2021   Time: 11:30 a.m. - 1:00 p.m. CT
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On admission to Hospice Care, most patients are taking medications that may no longer be necessary for continued use in end-of-life care. Patients, caregivers and clinicians often struggle with the decision to discontinue these medications and how to do so. Medication discontinuation in end-of-life care is likely to be less emotional for all stakeholders when medication use decisions are made in a goal concordant fashion. This presentation will focus on goal concordant care, tools to guide the medication discontinuation process and the essential “less is more” medication use conversation.

Cost: $25 members   $35 non-members   CEs will be offered 1.5

- Review the recently updated Hospice Pepper Report regarding Medicare Part D information
- Define polypharmacy, duplicate therapy, pill burden and goal concordant care
- Discuss goal concordant care and goal concordant medication use for patients

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